



RECREATION CENTER POLICIES



ENTRANCE TO FACILITY

- Patrons entering the Recreation Center are required to have a current membership card or purchase a Day Pass to gain access. Membership cards must be presented at the Front Desk and kept on individual at all times. Failure to present a Membership card, will result in the charge of \$5.00 to obtain a new card, or the purchase of a Day Pass.
- Anyone under the age of 18 purchasing a day pass will be issued a wristband to wear. Wristbands must be worn at all times. Failure to wear the wristband will result in the charge of additional day pass or removal from the facility. Wristbands cannot be shared among individuals and are only valid for the day they are issued.
- Individuals purchasing a membership or Day Pass are required to have a current and complete waiver on file. Waivers for individuals under the age of 18 must be completed by a Guardian/Parent. The waiver includes emergency contact information.
- A current photo is required to be kept on file for all memberships and Day Passes purchased by anyone under the age of 18. A new photo must be taken each time a membership is renewed or once a year.
- Membership Cards cannot be used by anyone other than the individual issued to. Usage of another member's card will result in a one day suspension of the individual using it.

GYMNASIUM

- **No food or drink is allowed in the gym.** Water bottles containing water will only be permitted.
- Organized practice/training or full court play is not allowed.
- Games must last 20 minutes or less unless approved by Recreation Staff.
- No backpacks or bags are allowed in the gym.
- Hanging on the basketball rim or net is not tolerated.
- Individuals must be 7 years of age or older to access the Gym. Ages 7-9 must have a 16 year old responsible person with them at all times.
- Appropriate shoes must be worn. Shirt, shorts and clothing must be worn at all times.
- All expectations in facility behavior policy must be followed at all times.
- Cussing or inappropriate language will not be tolerated.
- Do not hit, throw items at the walls or curtain in the gym.
- Basketballs may be checked out at the Front Desk and a Picture ID or membership card must be turned in to do so. Basketballs may not leave the Recreation Center and must be returned by the individual who checked it out after leaving the gym.
- Open gym is an unsupervised, unstructured program open to all members and guests.
- We are NOT responsible for lost or stolen items.

GAME ROOM

- **No food or drink is allowed in the Game room.**
- Equipment for the Game Room can be checked out at the front desk and must be returned upon completion of use.
- Members should keep the usage of equipment to a minimum of 30 minutes to allow others to use.
- Individuals must be 7 years of age or older to access the Game Room.

FITNESS AREA/INDOOR TRACK

- Age Limitations (parent/guardian must be present to sign fitness waiver)
 - **11 yrs.—under** Not allowed in the fitness area or track. This includes strollers, baby Carriers and children sitting inside the fitness area while a parent/guardian is exercising.
 - **12-13 yrs.** Member is required to complete a Youth Fitness Orientation, have a signed fitness waiver on file and parent must be present in the fitness area during the time of usage.
 - **14-15 yrs.** Member is required to complete a Youth Fitness Orientation, have a signed fitness waiver on file .
 - **16-17 yrs.** Member must have a signed waiver on file.
- No strollers are permitted on the track. Direction of the track will change periodically so check signs upon using.
- Spitting on the track or in any part of the Fitness Area is prohibited.
- Personal audio equipment must be worn with headphones at all time and guests must provide their own headphones.
- Please limit cardio usage to 30 minutes each machine during peak times.
- No food or glass containers allowed.
- Place all dumbbells, plates and other equipment in appropriate area when finished.
- As a member you are responsible for wiping down equipment after each use to maintain a clean fitness area.
- Do not drop or throw weights and follow all instruction regarding proper use of the equipment.
- It is prohibited for any person to conduct or solicit personal training at the Cedar Hill Recreation Center facility. Violators will be subject to membership/pass cancellation without refunds.
- Proper athletic shoes and shirts must be worn in the fitness area at all times. Open toe sandals, flip flops, etc. are not permitted for safety reasons. No hard-soled shoes or spiked heels are allowed.

AEROBICS ROOM

- **No food or drink is allowed in the Aerobics Room.**
- Usage of the Aerobics room is first come first serve, unless occupied by a Recreation Center Class or Program.
- Equipment stored in the Aerobics Room is available upon request.

GENERAL RULES

- The Recreation Center is not responsible for lost, stolen, or damaged personal items. Personal items should be secured in a locker. Locks are available at the front desk for \$5.00 each.
- Recreation Center staff will not accept any personal items to hold (keys, wallets, cell phone, etc.).
- Individuals are not allowed behind the Front Desk for any reason.
- During the school year, participants under the age of 18 years old will not be granted access to the Recreation Center during school hours. Exceptions will be made for home schooled children.
- Weapons, alcohol, drugs or tobacco products will not be allowed in the building or on the property. Anyone found under the influence, will not be granted access into the building.
- Skateboards, roller blades, bicycles, are not allowed in the building.
- Animals shall not be permitted inside the Recreation Center unless designated as a service animal.
- Soliciting, gambling, panhandling, loitering, betting, or any matter of this nature is not permitted in the building or on the property.
- Children under the age of 18 must be picked up after the Recreation Center has closed. In the event they are not, the parents will be contacted, and if they are not available the Cedar Hill Police Department will be called.
- First Aid is available at the front desk and any Recreation Center staff must be notified right away in the case of an emergency.
- See through clothing, bathing suits, or clothing considered as undergarments must be covered prior to entering the facility.
- Children under the age of 7 years old must be accompanied by a person over the age of 18 while in the facility.

BEHAVIOR POLICY

Appropriate behavior is expected from all participants, members and guests utilizing the Recreation Center facilities at all times, to protect the enjoyment and safety of all patrons. Therefore the Cedar Hill Recreation Center staff has established the following behavior policy and suspension guidelines.

Behaviors that will not be accepted include, but are not limited to the following:

- Endangering the health and safety of other members, participants, patrons or staff
- Use of verbal harassment, profanity, vulgarity, obscenity or racial slurs
- Attempting to gain access to facility without the purchase of a Day Pass or membership
- Using another member's card to gain access
- Soliciting, gambling, panhandling, loitering, betting or any matter of the nature
- Failure to follow Recreation Center staff directions
- Inappropriate display of affection, including but not limited to prolonged kissing and touching of any private areas of the body.
- Disrupting a program or creating a disturbance at the facility
- Inappropriate or offensive dress, including, but not limited to, dress which is too revealing and clothing which displays obscene or offensive words or pictures.
- Blatant disrespect of staff and program or facility policies and procedures
- Damage, vandalism, or theft of private or Recreation Center, equipment or supplies.
- Fighting with another patron or staff on the premises

Any violation of the above policies will result in removal from the premises by a Recreation Center staff or Cedar Hill Police Department, and will include a minimum one day suspension. If the violation is deemed to receive a longer suspension, the patron or parent/guardian will receive a written notification of the inappropriate behavior and a detailed description of the additional suspension will be included.

If the patron is suspended three or more times, or the patron is involved in one severe incident, as determined by Recreation Center Staff, (ex: fighting, damage, vandalism, or theft of private or Recreation Center equipment or supplies), the patron will be automatically suspended for one year and will be required to schedule a meeting to reinstate facility access. Cedar Hill Police Department will also be contact if the violation is unlawful or in the case of assisting Recreation Center Staff in the removal of a

patron. At the meeting, the patron, parent/guardian if the patron is a minor and Recreation Center Supervisor's will be present and continued participation in a program or access to the facility will be assessed and reviewed. Inappropriate behavior by an adult may result in more rapid progress toward suspension or termination from participation in a program or facility access.

Program and or membership fees, including Day Pass fees, will not be refunded for any person removed from the premises or a program due to violation of the behavior policy.